

**DISEASE PREVENTION EDITION**

A HIGHER  
STANDARD  
OF FITNESS  
JOURNALISM!  
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TRAINING  
TIPS  
FROM TOP  
FITNESS  
EXPERTS

THE NATURAL APPROACH TO  
**HEALTH & FITNESS**

# OnFitness

**FOR MEN & WOMEN**

**YOUR PERSONAL TRAINING PARTNER**

## THE FIRST RAPID ORAL FLUID HIV TEST APPROVED BY THE FDA

The OraQuick ADVANCE Rapid HIV-1/2 Antibody test is the first and only rapid oral fluid HIV test to be approved by the FDA, provides results in 20 minutes, and has been a critical tool in stemming the spread of HIV and getting those individuals who have HIV into care immediately.

Most people think an HIV test requires a blood draw and an anxious two week wait for test results. With OraQuick that's not the case. The test uses only oral fluid so there is no need for needles or blood, and results are ready while the patient waits.

Virtually all individuals who take the OraQuick test get their results on the spot. The test is CLIA waived, which means it can be used in a variety of settings and administered by any trained to do so. Today, the test is used by more than 180,000 sites in the United States, including outreach clinics, community-based organizations and physicians' offices.

Here are some fast facts that highlight the importance of OraQuick ADVANCE rapid HIV testing:

- Prior to the introduction of rapid testing, more than one-third of the 2.2 million Americans tested for HIV at public health clinics each year did not return to learn their test results. In fact, as many as 8,000 individuals who test positive for HIV each year do not return for their test results (CDC).
- Labor and delivery - 1 out of 5 women do not know their HIV status at the time of delivery and 40 percent of these women deliver within two hours of hospital admission.
- Occupational health - Each year up to 1 million needle-stick injuries occur - 16,000 of these result in HIV.
- Emergency room - More than 55 percent of patients tested in the emergency department are discharged prior to receiving their HIV test results.
- Clinics - Only 10 percent of high-risk patients referred out to hospital clinics undergo HIV testing.

